

## Have you hit crisis point?

## Are you struggling for money to buy food?

contact any of our 80+ partnering agencies who can assess your situation, offer help, & REFER you to receive TO YOUR DOOR our emergency 'Basingstoke Foodbank FREE 3-Day packs of food & toiletries'

Citizen's Advice Helpline: 0300 330 9064

Vivid Tenancy Support: 0800 652 0898 (ext 5)

Sovereign Tenancy Support: 0800 988 4858 (ext 2)

Hampshire Adults, Children & Family Social Work Teams

Family Support Hub: 01256 776189

Parent/Student Support workers in schools & colleges,

Health Visitors, All Housing Associations, Homeless support, Addiction support ... and many more..

Or contact our Foodbank Centre 07722 73645/07941 336464

www.basingstoke.foodbank.org.uk

Registered Charity No: 1154319

